



Straight Talk

Department of Internal Medicine

JANUARY 2019

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Fellowship Match

Please welcome congratulate our Internal Medicine residents on their Fellowship Match results. We thank you for your continued dedication to the care of the patients of Detroit and the education of the Wayne State Students. The Department of Internal Medicine is proud of your accomplishments, will miss you all, and wish you the best of luck in your future endeavors. We look forward to spending the upcoming months with you before the next step in your career.

Name	Fellowship	Hospital	Location
Hossam Abubaker	Cardiology	Loma Linda University	Loma Linda, CA
Abdulrahman Ahmed	Critical Care	Mayo Clinic Rochester	Rochester, MN
Alaa Akhras	Pulmonary & Critical Care	WSU/DMC	Detroit, MI
Asil Daoud	Sleep Medicine	WSU/DMC	Detroit, MI
Shefali Godara	Pulmonary & Critical Care	WSU/DMC	Detroit, MI
Walid Ibrahim	Cardiology	University of Miami	Miami, FL
Amjad Kanj	Pulmonary & Critical Care	Mayo Clinic Rochester	Rochester, MN
Pradeep Kathi	Gastroenterology	University of Arizona	Phoenix, AZ
Jasleen Kaur	Rheumatology	WSU/DMC/HFH	Detroit, MI
Shanker Kundumadam	Gastroenterology	Indiana University	Indianapolis, IN
Ammara Mushtaq	Infectious Disease	Icahn SOM at Mount Sinai	New York, NY
Hala Nas	Pulmonary & Critical Care	Henry Ford Hospital	Detroit, MI
Mohammad Rauf	Endocrinology	University of Michigan	Ann Arbor, MI
Brian Rutledge	Gastroenterology	WSU/DMC	Detroit, MI
Hamza Salam	Pulmonary & Critical Care	WSU/DMC	Detroit, MI
Yuliya Sharakova	Nephrology	Cleveland Clinic	Cleveland, OH
Manmohan Singh	Cardiology	WSU/DMC	Detroit, MI
Ahmed Subahi	Cardiology	WSU/DMC	Detroit, MI
Brandon Twardy	Infectious Disease	Case Western Reserve University	Cleveland, OH

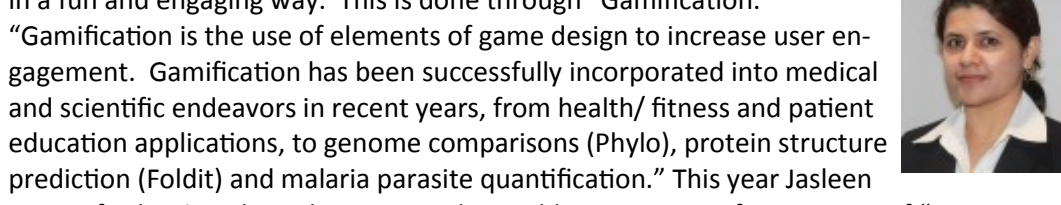
We are also looking forward to those who will be joining our fellowship programs here in July. Please see our incoming fellows by specialty below.

Cardiology	Critical Care/Pulmonary	Endocrinology	Gastroenterology
Manmohan Singh	Alaa Akhras	Anderson Okafor	Brian Rutledge
Chandra Ala	Neena Chandrasekaran	Mohamed Elhassan	Katherine Wong
Ahmed Sbuahi	Shefali Maulana	Abhilasha Pandey	Jannel Lee-Allen
Oluwole Adegala	Maira Mizra		
	Hamza Najam Salam		

Geriatrics	Infectious Diseases	Rheumatology	Sleep Medicine
Anish Pahwa	Grumat Gill	Khalil Bourji	Noman Ahmed
Asma Nayyar	Joud Jarrod	Weixia Guo	Omar Assasa
Hospice	Oscar Martinez	Zaid Saffo	Aslin Daoud
Habib Khan	Shirisha Pasula	Jasleen Kaur	Elizabeth Dawson
Shady Shebak			Ankur Patel

2019-2020 Chief Residents

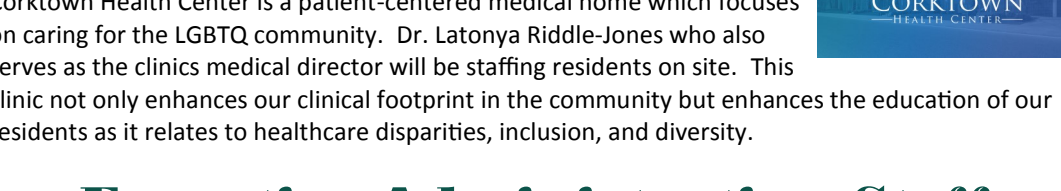
The Department of Internal Medicine would also like to congratulate our future Chief Residents for 2019-2020. We are excited to have these great individuals lead the residency program next year.



Ahmad	Sahrish	Leslie	Lea	Malini
Abu-Heija	Ilyas	Kao	Monday	Surapaneni

The Cohort Cup

The Cohort Cup is our innovative resident education program. Started last year by former faculty member Allie Dakroub, with a goal of educating our residents in a fun and engaging way. This is done through "Gamification." "Gamification is the use of elements of game design to increase user engagement. Gamification has been successfully incorporated into medical and scientific endeavors in recent years, from health/fitness and patient education applications, to genome comparisons (Phylo), protein structure prediction (Foldit) and malaria parasite quantification." This year Jasleen Kaur is facilitating The Cohort Cup and was able to capture a few pictures of "Great Minds at Work."

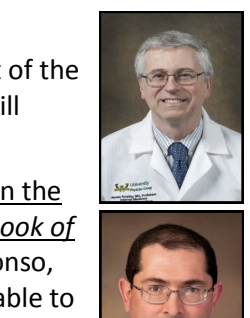


Residents Dana Kabbani, Sahrish Ilyas, and Leslie Kao collaborate to come up with the correct answer in the latest Cohort Cup.

Residents Muhanad Taha, Kendall Bell, and Omersalfaroug Adam work together to solve a Jeopardy question.

IM Residency Program to Serve at the Corktown Health Center

The internal medicine residency program is happy to announce a recently signed program letter of agreement with Corktown Health Center. The Corktown Health Center is a patient-centered medical home which focuses on caring for the LGBTQ community. Dr. Latonya Riddle-Jones who also serves as the clinics medical director will be staffing residents on site. This clinic not only enhances our clinical footprint in the community but enhances the education of our residents as it relates to healthcare disparities, inclusion, and diversity.



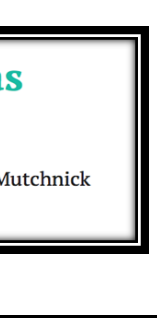
Executive Administration Staff Changes

Please welcome Ms. Denise Balducci as the Executive Assistant to the Chair. Ms. Balducci comes with over 18 years of executive assistance experience inside and outside WSUPG. She has been the executive assistance for the Neurosurgery department at WSU/UPG for the past 3 years and comes with a strong recommendation from their Chair. Ms. Balducci is familiar with WSU and UPG operation. She will bring in her expertise and organizational skills as she transition out of Neurosurgery and into our department. Please welcome Ms. Balducci in her new position.

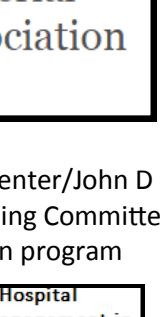
Ms. Danna Kayko will be transferred to a Senior Administrator position in the division of General Medicine/Hospitalist. This is our largest division in the department and has had this position vacant for a while. Ms. Kayko is familiar with all the division faculty and staff and will be able to handle the duties with little training. She brings in her knowledge of the department and the different operations at UPG. Please welcome Ms. Kayko in her new role.

Announcements

◆ Congratulations to Dr. James Rowley as he was elected President of the American Academy of Sleep Medicine Foundation. Dr. Rowley will begin his term in June.



◆ Aiden Abidov was published twice recently, first simultaneously in the JNC and JCMR and again as the senior author in the 2018 Textbook of Cardio Vascular Magnetic Resonance. Also, with help of Luis Afonso, Kamran Shah, Hani Abujudeh and Chad Corwin, Dr. Abidov was able to establish an academic Cardiac MRI program at the Harper Heart Hospital and we just had our first 15 studies done.



◆ Publication by Tanveer Mir was mentioned in "Fever of Unknown" The origin Chapter of Harrison's Internal Medicine 20th Edition.

Clinical profile of classical Fever of unknowns origin (FUO)

Abstract: The etiology of fever of unknown origin (FUO) may differ from different countries. This study was conducted to evaluate the etiology of FUO in patients attending SKIMS, a tertiary care teaching hospital, at Srinagar, Kashmir, India.

Methods: From July 2010 to September 2012, this study was done to examine the profile of patients with FUO. The classic FUO was defined as three consecutive visits or three days

◆ Publication in Catheterization & Cardiovascular Interventions by Abdelrahman Ahmed, Emmanuel Akintoye, Oluwole Adegala, Ahmed Yassin, Ahmed Subahi, Lamin Bangura, Hossam Abubakar, Mahir Elder, Mohamed Shokr and Luis Afonso

VALVULAR AND STRUCTURAL HEART DISEASES

In-hospital outcomes of transcatheter mitral valve repair with Mitraclip in patients with pulmonary hypertension: Insights from the National Inpatient Sample

Abdelrahman Ahmed MD, Emmanuel Akintoye MD, MPH ... See all authors >

◆ Publication in Cureus by Mustafa Ajam, Ahmad A. Abu-Heija, Mohamed Shokr, Firas Ajam, Ghulam Saydain

Sinus Bradycardia and QT Interval Prolongation in West Nile Virus Encephalitis: A Case Report

Mustafa Ajam ¹, Ahmad A. Abu-Heija ¹, Mohamed Shokr ², Firas Ajam ³, Ghulam Saydain ⁴

◆ Publication in Cureus by Ahmad A. Abu-Heija, Maya Shatta, Ahmed Yeddi, Anand Kumar Ravi, and Milton Mutchnick

Acute Retroviral Syndrome Presenting as Acute Hepatitis

Ahmad A. Abu-Heija ¹, Maya Shatta ², Ahmed Yeddi ², Anand Kumar Ravi ³, Milton Mutchnick ⁴

◆ Publication by Dr. Ghulam Saydain

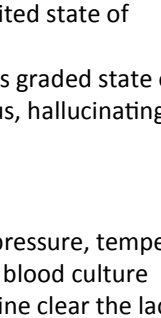
FULL TEXT ARTICLE

Genetic determinants of risk in pulmonary arterial hypertension: international genome-wide association studies and meta-analysis

◆ For the second year in a row, Wayne State University/Detroit Medical Center/John D Dingell VA Hospital was one of three programs selected by the ATS Training Committee as the top abstracts for the 2019 ATS Innovations in Fellowship Education program

Institution Name: Wayne State University/Detroit Medical Center/John D Dingell VA Hospital
Name of Abstract: A Novel Simulation and Ultrasound-Based Curriculum for Shock Management in a Pulmonary & Critical Care Medicine (PCCM) Fellowship Training Program
Abstract Authors: Shyam Ganti MD (1,2), Sammar Alsunaid MD (1,2), Sarah Lee MD (1,2), Maryjean Schenk MD (1,2), and Abdulghani Sankari MD, Ph.D. (1,2). 1) Wayne State University, John D Dingell VA hospital, Detroit, MI. 2) Wayne State University, Detroit Medical Center, Detroit, MI.

◆ Dr. Susmita Chowdri, MD, MS who is a professor of Medicine, the Chief of Sleep Medicine Section and the Medical Director of the John D. Dingell Sleep Wake Disorders Center was awarded the Merit Review Grant. The topic of the grant is to study Control of Ventilation in Chronic Opioid-associated Sleep Disorder Breathing.



◆ Dr. Paul Thomas reveals how he's making subscription-based direct primary care work

◆ New opportunities for SWSU students through partnership with WSU School of Medicine

◆ Celebrating the 30th anniversary of being a 'doctor for the day'

This is a place to share any news that you may have! Weddings, engagements, birth of children, vacations, etc. If you have something to share please email Anthony [here](#).

2019 American Heart Association Heart Walk

The 2019 Metro Detroit Hear and Stroke Walk/Run will take place on May 18, 2019. As a Department we have a goal of raising **\$10,000** for this great cause.

WE NEED YOUR HELP!!

Last year we just barely missed our goal of \$5,000. This year we are ramping up our efforts and starting earlier. We strongly encourage your involvement and your donations for this great cause. Please partake in this friendly competition by starting teams or donating to the Internal Medicine page [here](#).

January Birthdays

First Name	Last Name	Month	Date	Rank
Anupama	Kottam	January	1	Faculty/staff
Traycee	Kue	January	1	Faculty/staff
Omina	Awad	January	1	PRG-1
Ahmed	Yassin	January	7	PRG-2
Jung-Ho	Kim	January	8	PRG-1
Syed	Ahmad	January	10	Faculty/staff
Valia	Al-Kourainy	January	11	Faculty/staff
Lubna	Fatiwala	January	15	PRG-3
Catherine	Czesnowski	January	16	PRG-2
Shefali	Godara	January	16	PRG-3
Malini	Surapaneni	January	17	PRG-3
Tamara	Mansy	January	17	PRG-2
Graham	Mcgee	January	19	PRG-3
Jonathan	Cohn	January	19	Faculty/staff
Ahmed	Yeddi	January	24	PRG-2
Jared	Goldberg	January	27	PRG-3
Jie	Chi	January	27	PRG-2
Lubna	Osman	January	27	PRG-1
Li	Li	January	28	Faculty/staff
Ali	Saker	January	29	PRG-2
Nada	Al Masalmeh	January	30	PRG-2
Donna	Young	January	30	Faculty/staff

Grand Rounds

Grand Rounds is scheduled each **Friday at 12pm** in the **Green Auditorium** located on the 2nd floor of Scott Hall. Please attend and fill out an evaluation!

25-Jan	Cardiology	Randy Lieberman
1-Feb	Endocrinology	Berhane Seyoum
8-Feb	GI	TBD
15-Feb	Gen Med	Paul Thomas
22-Feb	ID	TBD

Job Opportunities in Department of Medicine

Department of internal medicine at Wayne State University is offering exciting job opportunities in its various divisions and inviting application from candidate who are looking for a career in academic Medicine. These jobs offer opportunities for teaching, research and above all practice medicine in the community where your contributions are needed the most.

These jobs offer unique opportunity to teach the future generation of physicians who not only provide medical service but also often become teachers themselves.

Join to work with outstanding faculty, amazing residents and fellows and dedicated support team.

Current available jobs:

- ◆ Internal Medicine
 - ◆ Combined inpatient /Out patient
 - ◆ Outpatient primary care
 - ◆ Inpatient
 - ◆ Hospitalists
- ◆ Cardiology
- ◆ Pulmonary & Critical Care Medicine
- ◆ Endocrinology

Mysteries, Myths, and Oxymoron

Almost every patient admitted to medical ICU has an admission diagnosis of AMS, no it is not Amyotrophic Lateral Sclerosis but it is supposed to indicate "altered mental status". I am not sure how and why we started this term. Medical terms typically used to indicate symptoms and used to be specific enough to indicate a clear symptom or presentation. When patient came with difficulty of breathing, it was indicated as dyspnea (defined as uncomfortable awareness of breathing) but now it is replaced by 'SOB' and it is supposed to indicate patient has good oxygen saturation per pulse oximetry, breathing treatment is supposed to indicate inhaled bronchodilator therapy and I do not want to accept that I know what 2/2 in patient's note is supposed to mean. So back to "altered mental status". Does it mean patient is unconscious or in an excited state of mentation? If a patient is asleep; is that an altered mental state? Would it not be better to stick to actual medical terms in terms of describing patients graded state of consciousness or cognition, as confused, drowsy, stuporous, comatose or, delirious, hallucinating, delusional or confabulating etc. ?

Other day a case was presented as "...patient came with seizure, had normal blood pressure, temperature and white cell count. He had a lactate of 7 iu/L, so I did work up for sepsis, got blood culture and I gave her 2 liters of normal saline to clear the lactate". So how does normal saline clear the lactate in this patient? Excreted in urine? Thanks to the sepsis core measures, every patient gets lactate checked. Does presence of lactate always indicate sepsis? What are other causes of lactate which should be explored in a critically ill patient? Finally, where does the lactate go? Any fellows or residents want to comment on this?

So what is the rationale for checking "FOBT" (fecal occult blood test) in a patient who presents with melena, hematemesis with or without bleeding per rectum. Similarly how does it help to get Hb A1C in a patient with DKA with glucose > 600 mg/dl or serum osmolality in a patient with low sodium but normal glucose?

